

## Season THREE (Spring): ECP ‘Intuitive Booklet’

For Elementary School and Paid Activities ONLY!!!

Spring SEASON: WEEK 27 -WEEK 36

Welcome to the **SPRING** season of the Extra Curricular programme for **elementary school** and **paid activities**. This intuitive book contains all of the activities on offer for these groups in season 3. Each Activity is colour coded according to its type, it is also hyperlinked to provide you with more information, without the need to scroll down. Please read through this book and discuss with your family throughout the week, as we roll out the registration process.

*Notice sent out earlier this week: As most **Secondary activities** are continuing from previous seasons or are new ‘Sports Seasons’, we will do sign-us for these separately once we are back in school...when we have a clearer idea of how these sports and activities will happen.*

Date:	Sign ups opening	Sign ups open for :
Monday 28 <sup>th</sup> Feb 5pm	Sign ups open for all <b>paid activities</b> – All Grade levels	All Paid Activities
Tuesday 1 <sup>st</sup> March – 5pm	Sign ups for <b>KG- Grade 1</b> activities open	All Paid / KG – Grade 1
Wednesday 2 <sup>nd</sup> March – 5pm	Sign Ups open for <b>Grade 2/3</b> activities	All Paid / KG-G1, G2-G3
Thursday 3 <sup>rd</sup> March – 5pm	Sign ups open for <b>Grade 4/5</b> activities	All Paid / KG-G1, G2-G3, G4-G5
Monday 7 <sup>th</sup> March – 10am	Sign Ups for all activities Close	

For any information on the Extra Curricular Program please use the following guide to assist you...

**General Inquiries:** Kit Murray – [christophermurray@mail.ssis-suzhou.net](mailto:christophermurray@mail.ssis-suzhou.net)  
**Paid Activities:** Katalyn Hu – [katalynhu@mail.ssis-suzhou.net](mailto:katalynhu@mail.ssis-suzhou.net)  
**Sports Inquiries:** Scott Turner – [scottturner@mail.ssis-suzhou.net](mailto:scottturner@mail.ssis-suzhou.net)  
**CAS and service program:** Simon Greaves – [simongreaves@mail.ssis-suzhou.net](mailto:simongreaves@mail.ssis-suzhou.net)

### PAID ACTIVITIES:

These activities are outsourced using local providers. They happen in and out of school hours and contain a fee. Colour code is Blue.

*\*The Itinerant music lesson component of **PAID ACTIVITIES** are not manifest within the daily schedule throughout this booklet as they are dependent on the student’s timetables. To this end we have included this information at the end of the booklet. [Click here for Musical Instrument lessons](#)*

### ECAs – Extra Curricular Activities:


These are usually refereed to simply as ECA’s and are all of the other activities that we offer within the programme. Colour code is **black for creativity** and **Purple for spor**


Click Here For ACTIVITIES on – [MONDAY](#) – [TUESDAY](#) – [WEDNESDAY](#) – [THURSDAY](#) – [FRIDAY](#) - [WEEKEND](#)

Monday’s Activities – click activity for more info

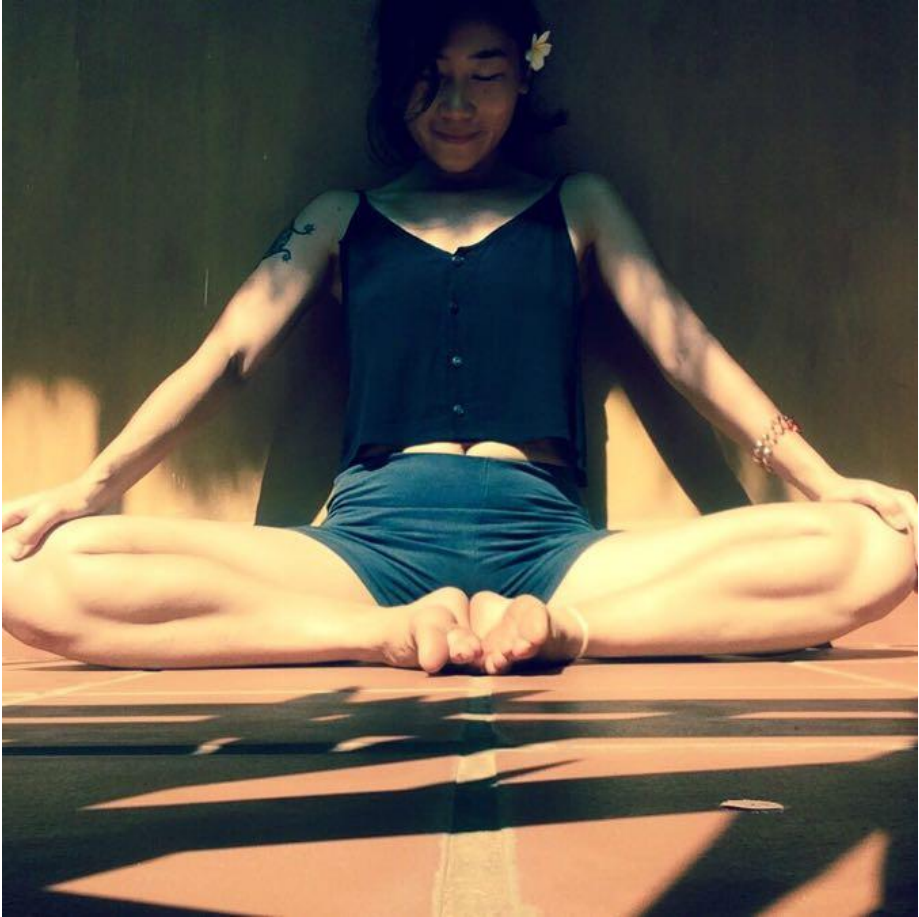
KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
<a href="#">Beginner Tennis</a>					
<a href="#">Intermediate Swimming Class</a>					
<a href="#">Deehero Football Training – [<i>*finishes at 5:15pm</i>]</a>					
<a href="#">Basketball – YBDL Beginner &amp; Intermediate Level</a>					
<a href="#">Smash Badminton Beginner Class</a>					
	<a href="#">Kids Coding Junior</a>		<a href="#">Smash Badminton Intermediate/Advanced – 5:00pm-6:30pm</a>		
<a href="#">Taekwondo</a>					
<a href="#">Kids Yoga</a>	<a href="#">SingArts Piano group Perforamnce</a>		<a href="#">Circle Wellness Fitness</a>		


Who We Are	Detailed Information	Transport and Supervision
<p data-bbox="92 247 736 289"><b>Soccer (Deehero Soccer Academy)</b></p> <p data-bbox="92 338 982 405">Mission: We aim to attract, explore and motivate children to play soccer and provide students with the best soccer education.</p> <p data-bbox="92 447 952 514">Philosophy: We provide top quality professional soccer programs that develop young players in a safe environment.</p> <ul data-bbox="151 556 575 661" style="list-style-type: none"><li>• Name: Coach Zhao</li><li>• Phone: 15921151212</li><li>• Email: <a href="mailto:zhaolibin1216@163.com">zhaolibin1216@163.com</a></li></ul> 	<p data-bbox="1018 247 1299 275"><b>Suitable for:</b> Age 4-13</p> <p data-bbox="1018 317 1902 384"><b>Venue:</b> SSIS Fields (classes still run if it is raining and when available the Gym may be used)</p> <p data-bbox="1018 426 1567 453"><b>Maximum Class Size:</b> 20 students per coach</p> <p data-bbox="1018 495 1584 531"><b>Class Types:</b> Students will be grouped by age.</p> <ul data-bbox="1018 573 1685 646" style="list-style-type: none"><li>• Sundays 9:30 - 11:00 am (9 sessions: 1,350 RMB)</li><li>• Mondays 3:45 - 5:15 am (10 sessions: 1,500 RMB)</li></ul> <p data-bbox="1018 688 1540 716"><b>First Sunday Session:</b> Sunday 3 April 2022</p> <p data-bbox="1018 758 1599 793"><b>First Monday Session:</b> Monday 28 March 2022</p> <p data-bbox="1018 835 1849 940"><b>Other Costs &amp; Things You Need:</b> Students require shin pads, sports clothes, and may wish to wear soccer boots, but during indoor rain affected sessions will need runners.</p>	<p data-bbox="1947 247 2837 348">As school does not provide activity bus for Monday nor Sunday. Parents are expected to supervise and pick up students at designated time and area.</p> 
<p data-bbox="1344 1104 1620 1140"><b>PARENT ACCESS:</b></p>		
<p data-bbox="92 1171 1917 1199">Important Notice: Activity buses do <b>NOT</b> run on Mondays.....Students will need to be collected from the respective activity venue when activity ends.</p> <p data-bbox="92 1245 2861 1312">For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>		


Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Basketball (YBDL)</b></p> <p>Youth Basketball Development League (YBDL) was established in 2014. We are a well-known international youth sports training brand in China, mainly targeting teenagers between the ages of 4 and 16 and having provided service to over 50,000 athletes. Our mission is to provide an international and diversified top-notch sports experience, stimulating children's interest in sports and developing lifelong sports habits.</p> <p>We provide a systematic- station training program designed with a structured approach to ensure all learners can develop a solid foundation, and progress smoothly into the different skill levels of basketball playing stages.</p> <p>Join us to start your basketball journey, work hard, play hard. 1-2-3 basketball!</p>	<p><b>Suitable for:</b> K and above. <b>Venue:</b> SSIS Elementary Gym</p> <p><b>Class Types:</b></p> <p><u>Beginner Level &amp; Intermediate Level:</u></p> <ul style="list-style-type: none"><li>(K – Grade 5) Mondays 3:45 – 4:45 pm 10 sessions: 1,850RMB</li></ul> <p><u>Advanced Level:</u></p> <ul style="list-style-type: none"><li>(Grade 6 -8) Wednesdays 5:10 – 6:10 pm 10 sessions: 1,850RMB</li></ul> <p><b>First Monday Session:</b> Monday 28 March 2022</p> <p><b>First Wednesday Session:</b> Wednesday 30 March 2022</p>	<p>Students require sports clothes, and must have basketball shoes if not Athletic shoes</p> 
<b>PARENT ACCESS:</b>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p>		

Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Smash Badminton</b> involves a group of coaches who are committed, passionate professional in badminton academy training. We offer an unparalleled badminton training programs to all levels with different learning styles adaption, from those who are starting as a beginner to the extreme athlete looking for their badminton skill enhancement or strive forward on their all-rounded game.</p> <p>We provide a systematic- station training program designed with the structured approach to ensure all learners can develop a solid foundation, and progress smoothly into the different skill level of badminton playing stages. With an enduring dedication of Smash Badminton to the pursuit of excellence, you will be not only learning badminton skills and expertise but also physical training, strategies, confidence, determination and most importantly, sportsmanship.</p> <p>We will make your learning fun! We will consistently seek to improve every learners’ potential by evolving our training regime to become more challenging and excited.</p> <p>Come to join us to begin the game, put in your effort to fight for the game, and enjoy the game as we working together!</p>	<p><b>Suitable for:</b> Grade 1 and above. <b>Venue:</b> SSIS Secondary Gym</p> <p><b>Maximum Class Size:</b></p> <ul style="list-style-type: none"> <li>25 students (for the beginner class)</li> <li>30 students (for the total students of the intermediate and advanced classes)</li> </ul> <p><b>Minimum Class Size:</b></p> <ul style="list-style-type: none"> <li>6 students (for the beginner class)</li> <li>6 students (for the total students of the intermediate and advanced classes)</li> </ul> <p><b>Class Types:</b></p> <p><u>Beginner class:</u></p> <ul style="list-style-type: none"> <li>1 session per week (Monday 3:45-4:45 pm) 10 sessions 1,000 RMB</li> </ul> <p><u>Intermediate class &amp; Advanced class</u></p> <ul style="list-style-type: none"> <li>1 session per week (Monday 5:00-6:30 pm) 10 sessions 1,300 RMB</li> <li>1 session per week (Friday 5:00-6:30 pm) 10 sessions 1,300 RMB</li> <li>2 sessions per week (Monday &amp; Friday 5:00-6:30 pm) 20 sessions 2,600 RMB</li> </ul> <p><b>First Monday Session:</b> Monday 28 March 2022</p> <p><b>First Friday Session:</b> Friday 1 April 2022</p>	<p>(1) Students need to bring their own rackets for the class</p> <p>(2) For enrolling the Advanced class, coaches need to assess their skills and techniques before the class is confirmed.</p> 
<b>PARENT ACCESS:</b>		
Important Notice: Activity buses do <b>NOT</b> run on Mondays.....Students will need to be collected from the respective activity venue when activity ends.		




Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Kids Yoga</b></p> <p>Kids Yoga is not really a sport, but a way to explore the body structure and it's possibilities, meanwhile, it improves the physical health、balance 、 focus、 strength、 sensitivity etc. Through the practice of yoga, kids will live more balanced life.</p> <p>About Ching</p> <p>A Yoga instructor who used to wonder around the world for 5 years in different countries.</p> <p>A mindfulness guide who teaches meditation and sound therapy, she also works on kids mindfulness camp.</p> <p>A long-term practitioner</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"><li>• Name: Ms. Ching</li><li>• Phone: 18761963527</li><li>• Email: rachelwang0423@163.com</li></ul>	<p><b>Suitable for:</b> Age 5-11.</p> <p><b>Venue:</b> Dance Studio 2</p> <p><b>Maximum Class Size:</b> 10    <b>Minimum Class Size:</b> 3</p> <p><b>Class Type:</b></p> <ul style="list-style-type: none"><li>• KG – G1: Mondays 3:45 pm- 4:45 pm (10 sessions: 1,000 RMB)</li><li>• G2 – G5: Fridays 10:30 am-12:00 pm (8 sessions: 1,000 RMB)</li></ul> <p><b>First Monday Session:</b> Monday 28 March 2022</p> <p><b>First Friday Session:</b> Friday 1 April 2022</p>	
<b>PARENT ACCESS:</b>		
<p><b>Transport &amp; Supervision:</b> No bus transport provided on Monday at 5pm. Participants must make their own way to and from the activity at the designated times.</p> <p>Meantime for students from Early Years, it is the parents’ responsibility to pick up students first, then bring them to the activity venue, leave with students after the activity finishes.</p>		

Who We Are	Detailed Information	Other Costs & Things You Need:
<p data-bbox="92 275 1012 327"><b>Fitness (Circle Wellness)</b></p> <p data-bbox="92 327 1012 657">The Circle Wellness Youth Fitness Course is specially designed for students looking to gain a better understanding of the principles of safe and effective training for various goals. Students will be guided in safe use of the weight room and other wellness facilities offered at the school, and introduced to the different variables and some basic movement patterns for training strength, endurance, power, agility, and cardiovascular fitness. Finally, we will mentor them to design their own training programs to grow themselves in their specific sport or other physical hobby.</p> <p data-bbox="92 657 1012 984">At Circle Wellness, we believe that a few simple and fundamental principles underlay all movement; from dancing, to rock climbing, to weightlifting. We believe that by building this strong foundation of basic strength, mobility, and coordination, we can help anyone become a better mover in whichever specific form of movement is most interesting to them. The majority of our training is done with bodyweight in order to increase the students’ physical control and mastery of their own personal space, however we use equipment whenever it can serve an effective purpose.</p> <p data-bbox="92 984 1012 1350">My name is Noah Dutram and I am the founder of Circle Wellness fitness studio in Suzhou. I have over 10 years of exercise experience and have been a personal and group trainer since 2019. I was previously an IB Teacher, so I intend to work together with the PHE Department to make sure that this course complements and adds on to their learning in those classes. My goals for the program are to help students understand the diversity of physical activities and encourage them to find one that they can incorporate long-term in their lives. I also want to share with them the importance of regular movement for the body, and build their confidence in creating and sustaining a movement practice.</p>	<p data-bbox="1012 275 1941 327"><b>Suitable for:</b> Age 13 +</p> <p data-bbox="1012 327 1941 380"><b>Venue:</b> Fitness room</p> <p data-bbox="1012 380 1941 453"><b>Maximum Class Size:</b> 16    <b>Minimum Class Size:</b> 5</p> <p data-bbox="1012 453 1941 506"><b>Class Type:</b></p> <ul data-bbox="1012 506 1941 684" style="list-style-type: none"><li>• Students: Mondays 3:45 pm- 4:45 pm (10 sessions: 1,500 RMB)</li><li>• Adults: Mondays 5:00 – 6:00 pm (10 sessions: 1,000 RMB) or Thursday 5:00 – 6:00 pm (10 sessions, 1,000RMB)</li></ul> <p data-bbox="1012 684 1941 737"><b>First Monday Session:</b> Monday 28 March 2022</p> <p data-bbox="1012 737 1941 789"><b>First Thursday Session:</b> Thursday 31 March 2022</p> <p data-bbox="1012 789 1941 842"><b>Other Costs &amp; Things You Need: Instructor:</b></p> <ul data-bbox="1012 842 1941 1115" style="list-style-type: none"><li>• Name: Noah Dutram</li><li>• Phone: 18662158435</li><li>• Email: noahgdutram07@outlook.com</li></ul>	<p data-bbox="1941 275 2875 390">Clothing &amp; footwear appropriate to exercise in e.g. shorts/exercise tights &amp; t shirt/singlet, sports shoes, workout towel.</p> <div data-bbox="1941 600 2875 1209"></div>
<p data-bbox="92 1423 2875 1493"><b>PLEASE NOTE: STUDENTS WHO COMPLETE THIS COURSE WILL GAIN ADDED ACCESS RIGHTS TO THE FITNESS ROOM FOR INDEPENDENT TRAINING FROM GRADE 9</b></p>		
<p data-bbox="92 1493 2875 1566"><b>Transport &amp; Supervision:</b> No bus transport provided on Monday at 5pm. Participants must make their own way to and from the activity at the designated times.</p>		





Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Tennis (G3 High Performance Training)</b></p> <p>G3 High Performance Training will be conducting Tennis programme at SSIS. David Di, a USPTA certified professional tennis coach, will be the head coach.</p> <p>Students of age 5 &amp; above are invited to participate. We will introduce groundstroke, mechanics, along with speed, agility and footwork training. Competitive game-play will also be an important and exciting part of the camp experience!</p> <p>Come to join us to begin the game, put in your effort to fight for the game, and enjoy the game as we working together!</p>	<p><b>Suitable for:</b> Age 5 &amp; above. <b>Venue:</b> SSIS Tennis Court</p> <p><b>Maximum Class Size:</b> 12. <b>Minimum Class Size:</b> 4</p> <p><b>Class Types:</b></p> <p>1. Beginner class:</p> <ul style="list-style-type: none"><li>• 1 session per week (Mondays 3:45-4:45 pm) 10 sessions 1,200 RMB</li><li>• 1 session per week (Fridays 3:45-4:45 pm) 10 sessions 1,200 RMB</li></ul> <p>2. Advanced class:</p> <ul style="list-style-type: none"><li>• 1 session per week (Tuesday 5:00-6:30 pm) 10 sessions 2,200 RMB</li><li>• 1 session per week (Thursday 5:00-6:30 pm) 10 sessions 2,200 RMB</li></ul> <p><b>First Monday Session:</b> Monday 28 March 2022</p> <p><b>First Tuesday Session:</b> Tuesday 29 March 2022</p> <p><b>First Thursday Session:</b> Thursday 31 March 2022</p> <p><b>First Monday Session:</b> Friday 1 April 2022</p>	<ul style="list-style-type: none"><li>• Students need to bring their own racquet for the class</li><li>• For enrolling the Advanced class, coaches need to assess their skills and techniques before the class is confirmed.</li></ul> 
<b>PARENT ACCESS:</b>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p>		



Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Taekwondo</b></p> <p>Taekwondo is a martial art focused on harmony of body and mind. It promotes self-confidence and respect.</p> <p>Training session includes flexibility, core strength, punching, front kick, side kick, round-house kick, back kick, spinning kick, combination drills, taekwondo forms according to respective level, and basic sparring principles (with protectors).</p> <p>Master Sanchez is a 5th Degree Black certified by the Headquarter of the World Taekwondo Federation. He has more than twenty years of experience in teaching both children and adults. His class is fun but intense.</p> <p>Instructor:</p> <p>Name: Jerry Sanchez</p> <p>Phone: 150 2111 1069</p> <p>Email: sanchezwtftkd@gmail.com</p>	<p>Suitable for: Age 5-11. Venue: SSIS Taekwondo Room</p> <p>Maximum Class Size: 20</p> <p>Class Types:</p> <ul style="list-style-type: none"><li>• Age 5-11: Mondays 3:45-4:45 pm (10 sessions: 1,250 RMB)</li><li>• Age 5-11: Saturdays 12:00-1:00 pm (8 sessions: 1,000 RMB)</li></ul> <p><b>First Monday Session:</b> Monday 28 March 2022</p> <p><b>First Saturday Session:</b> Saturday 2 April 2022</p>	<p>You must have a uniform &amp; protective gear (cost approx. 400 RMB). You may purchase these from the coach if you wish.</p> 
<b>PARENT ACCESS:</b>		
<p><b>Transport &amp; Supervision:</b> No bus transport provided on Monday at 5pm. Participants must make their own way to and from the activity at the designated times.</p> <p>For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>		

Who We Are	Detailed Information	Swimming Levels
<p><b>Swimming (Sailfish Swimming Club)</b></p> <p>Head Instructor:</p> <ul style="list-style-type: none"><li>Name: Liang Xu</li><li>Phone: 186 0621 6500</li><li>Email: suzhousailfish@sina.com</li></ul> <p>The club aims to be the center of excellence for competitive, high-performance swimming in Suzhou. Our mission is to provide children in the Suzhou and surrounding areas with professional swimming coaching, with the best opportunity to develop and achieve their maximum potential in the sport of competitive swimming or in a fun learning environment.</p> <p>Other Costs &amp; Things You Need: Swimming goggles and caps are recommended. Decathlon has a good range.</p>	<p>Suitable for: Age 6-18</p> <p>Venue: Swimming pool</p> <p>Maximum Class Size: 6 for Learn-to-Swim, 8 for Intermediate level</p> <p>First Session: Monday 28 March 2022</p> <p>When registering, please make sure to use your pre-assessment so that you register for the correct class type (swimming level).</p> <p>If you wish you can register a single student for more than one Swimming class, however to do this you must complete an entirely separate registration for each class.</p> <p>Continuing swimming students will be given priority if class sizes reach capacity.</p> <p>Swimming coaches’ first language is Chinese with basic English skills.</p>	<ul style="list-style-type: none"><li>Students who cannot comfortably swim the length of a 25m pool should register for Learn to Swim.</li><li>Intermediate is for swimmers who are confident in the water and looking to improve stroke technique and endurance.</li></ul> <p><b>Learn-to-Swim Class: (one class per week)</b></p> <ul style="list-style-type: none"><li>Tuesday 3:45-4:45 pm (10 sessions: 1000 RMB) (Maximum: 2 classes)</li><li>Thursday 3:45-4:45 pm (10 sessions: 1000 RMB) (Maximum: 2 classes)</li><li>Friday 3:45-4:45 pm (10 sessions: 1000 RMB) (Maximum: 2 classes)</li><li>Sunday 10:00-11:00 am (9 sessions: 900 RMB) (Maximum: 2 classes)</li></ul> <p><b>Intermediate Class: (one class per week)</b></p> <ul style="list-style-type: none"><li>Mondays 3:45-4:45 pm (10 sessions: 800 RMB) (1 class, 8 seats)</li><li>Tuesdays 3:45-4:45 pm (10 sessions: 800 RMB) (2 classes, 16 seats)</li><li>Wednesdays 3:45-4:45 pm (10 sessions: 800 RMB) (1 class, 8 seats)</li><li>Thursdays 3:45-4:45 pm (10 sessions: 800 RMB) (1 class, 8 seats)</li><li>Fridays 3:45-4:45 pm (10 sessions: 800 RMB) (1 class, 8 seats)</li><li>Sundays 11:00 am-12:00 pm (9 sessions: 720 RMB) (3 classes, 24 seats)</li></ul>
<p><b>PARENT ACCESS:</b></p>		
<p>To help ensure student safety a parent must attend the Swimming sessions with their child, bringing them to the pool, remaining at the pool, and escorting them from the pool in the following circumstances:</p> <ul style="list-style-type: none"><li>For all swimmers under Grade 2 for sessions held between 3:30 – 5:00 pm after school Monday to Friday.</li><li>For all swimmers (regardless of Grade) for sessions held after 5:00 pm Monday to Friday and on weekends (Excluding Elite swimmers).</li></ul> <p>For younger swimmers parents will also need to help their child get changed, shower, etc.</p>		

Who We Are	Detailed Information
<p><b>Piano Group Performance Tutor: Ms. Cindy Chu</b></p> <p>Doctor Degree (DBA) in Education Management of ISTEAC Paris France.</p> <p>Ms. Cindy Chu graduated from Jiangsu Normal University in 2008, Full time, get Bachelor's Degree of Arts. Major is Music Education. Master of London Trinity College. Major is Music Performance. And she also has Certificates of ABRSM Theory G8 and Vocal G8.</p> <p>Now she is the president of Music Education Association of Singapore. Soprano of Singapore Lyric Opera, member of Musicians society of Singapore and a MOE registered teacher in Singapore and China. Founder and Director of EEBO Music Pte Ltd. Music Director of Singapore Arts Pte Ltd. Founded SingArts Choir since 2016.</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"> <li>Name: Ms. Cindy Chu</li> <li>Phone: 13002109683</li> <li>Email: <a href="mailto:music@eeboedu.com">music@eeboedu.com</a></li> </ul> 	<p><b>Suitable for:</b> Pre -K – Grade 5</p> <p><b>Venue:</b> SSIS Music Room - BS201</p> <p>Piano Performance lesson (3 - 20 students, 60-minute lessons)</p> <ul style="list-style-type: none"> <li>Mondays 3:45 – 4:45pm (10 sessions: 1,860 RMB) for Pre-K to Grade 1</li> <li>Saturday 9:00 – 10:00am (10 sessions: 1,860 RMB) for Pre-K to Grade 1</li> <li>Saturday 1:00 – 2:00pm (10 sessions: 1,860 RMB) for Pre-K to Grade 1</li> <li>Tuesdays 3:45 – 4:45pm (10 sessions: 1,860 RMB) for Grade 2 to Grade 5</li> <li>Saturday 10:00 – 11:00am (10 sessions: 1,860 RMB) for Grade 2 to Grade 5</li> <li>Saturday 2:00 – 3:00pm (10 sessions: 1,860 RMB) for Grade 2 to Grade 5</li> </ul> <p><b>Day &amp; Time of Sessions:</b> Lessons will be held during school hours and/or directly after school between 3:30 – 5:00 pm. After registrations have closed we will advise students of their lesson schedule and music room. Elementary student lessons will typically be at a set time once per week. Secondary student lessons may be rotated to avoid affecting the same subject each week. To discuss the option of an out of school hours lesson please email <a href="mailto:activities@mail.ssis-suzhou.net">activities@mail.ssis-suzhou.net</a></p> <p><b>First Session:</b> In the week beginning 28 March 2022</p> <p><b>Transport:</b> If your child has a lesson after school and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson. Students in Grade 1 or below cannot catch the bus and must be collected by parents.</p> <p><b>Supervision/Obligations:</b> Both Elementary &amp; Secondary students should implement their own lesson reminder system, and so must remember and then make their own way to lessons. SSIS will ask instructors to promptly inform us if students do not arrive at their scheduled lessons.</p> <p>For Elementary students who have not attended these music or vocal lessons before, an SSIS staff member will guide the student to their first lesson (showing them how to get to the music room).</p>
<b>PARENT ACCESS:</b>	
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p> <p>For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>	

Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Kids Coding</b></p> <p>Kids coding courses are funny, exciting and easy, which are very popular with kids ages 6-12. Kids coding curriculum includes robot building &amp; programming control course and visual graphics programming course. It aims to train students' logical thinking and abstract thinking skills, improve students' patience and concentration, and enhance students' ability to organize information and solve problems.</p> <ul style="list-style-type: none"><li>For students of different ages, kids coding teaching combines LEGO SPIKE robot programming tools (for ages 6-10) and SCRATCH graphical programming (for ages 9-12).</li><li>LEGO SPIKE robot programming teaching simulates real situations, builds robots for life or industrial use, and makes them move by running programs, focusing on cultivating students' problem-solving skills.</li><li>SCRATCH graphical programming teaching focuses on cultivating interest and exercising thinking, which is more interesting. Students can create their own animations, stories, music and games. This process is actually as simple as building blocks.</li></ul> <p>Kids coding instructor Steven Gu graduated from Southeast University with a major in Computer Science and Engineering, and then worked deeply in Singapore's industry. He has rich practical experience in software development, digital marketing, education and training, semiconductor applications, industrial manufacturing, financial analysis and other fields. And he has been integrating these valuable experiences into science and technology education for many years, hoping to train more young scientists and young engineers for the future.</p>	<p><b>Suitable for: Age 6 to 12</b></p> <p><b>Venue: BS101</b></p> <p><b>Maximum Class Size: 20    Minimum Class Size: 4</b></p> <p><b>Class Type:</b></p> <p>Kids Coding Junior, for Grade 1 &amp; Grade 2</p> <ul style="list-style-type: none"><li>Monday 3:30-5:00pm (10 sessions: 2,200 RMB)</li><li>Saturday 9:00-10:30am (8 sessions: 1,760 RMB)</li></ul> <p>Kids Coding – Robot, for Grade 3 – 5</p> <ul style="list-style-type: none"><li>Tuesday 3:30-5:00pm (10 sessions: 2,200 RMB)</li><li>Thursday 3:30-5:00pm (10 sessions: 2,200 RMB)</li><li>Saturday 10:30-12:00am (8 sessions: 1,760 RMB)</li></ul> <p>Kids Coding – Scratch, for Grade 3 – 5</p> <ul style="list-style-type: none"><li>Wednesday 3:30-5:00pm (10 sessions: 3,000 RMB)</li><li>Saturday 2:00-3:30pm (8 sessions: 2,400 RMB)</li></ul> <p>Teens Coding – Python, For Grade 5 and above</p> <ul style="list-style-type: none"><li>Friday 3:30-5:00pm (10 sessions: 3,000 RMB)</li><li>Saturday 3:30-5:00pm (8 sessions: 2,400 RMB)</li></ul> <p><b>First Session:</b> Monday 28 March 2022</p> <p><b>Transport &amp; Supervision:</b> Participants must make their own way to and from the activity at the designated times.</p>	<p>Coding club will provide all the gear and equipment</p> <p><b>Kids Coding Junior for Grade 1 &amp; 2</b></p>  <p><b>Kids Coding – Robot for Grade 3 – Grade 5</b></p>  <p><b>Kids Coding – Scratch for Grade 3 – 5</b></p>  <p><b>Teens Coding – Python for Grade 5 and above</b></p> 
<b>PARENT ACCESS:</b>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p>		



TUESDAYS ACTIVITIES – click activity for more info

KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
		<a href="#">H3 Intermediate/Advanced Tennis – (5:00-6:30pm)</a>			
<a href="#">Intermediate Swimming Class</a>					
	<a href="#">Piano Group Performance</a>				
<a href="#">Learn to Swim</a>					
	<a href="#">Kids Coding- Robot</a>		<a href="#">English Plus</a>		
<a href="#">Invitation to Play</a>					
	<a href="#">Block Play</a>				
<a href="#">Drawing</a>		<a href="#">Stop Motion Movies</a>			
<a href="#">Outdoor Explorers</a>	<a href="#">Craft Fun</a>	<a href="#">Laptop Essentials</a>			
	<a href="#">Production – ‘Now We Know’</a>				

Activity	Who	Whom	Group size
<b>Block Play</b>	G2-G5	Miss Louise – CS1 corridor	20 students
<b>Details:</b> One powerful way to build bigger, better brains and thinking is when children are involved with natural materials like blocks. Children learn best when they are permitted the time to think, discover and create without outcomes. Our goal is to get blocks back into the hands of children of all ages. As children mature, so does their play which makes the structures they create complex and full of big ideas.			

Activity	Who	Whom	Group size
<b>Laptop Essentials</b>	G4-G5	Mr. Alksne – CS309	15 students
<b>Details:</b> Laptops are an essential digital device used for learning at SSIS from grade 5 into middle school and beyond. In this ECA enrolled students will learn the basic to the more challenging skills of using a laptop as a tool for learning rather than a toy. Students will be introduced to software programs and applications that will provide them with a foundation for future laptop learning success.			

Activity	Who	Whom	Group size
<b>Outdoor Explorers</b>	KG-G1	Mrs. Bell – outside Garden	20 students
<b>Details:</b> Outdoor learning in nature for our youngest students sets the foundations for environmental awareness, worldwide sustainable development goals and understanding of the natural world around us. This activity will include gardening, outdoor loose parts play and an opportunity to get into the outdoors to develop our observation skills and be more appreciative of the wonderful resource of nature.			

Activity	Who	Whom	Group size
<b>Craft Fun</b>	G2-G3	Miss Hepburn – CS109	16 students
<b>Details:</b> Together we can design, create, modify, and enjoy - Inquiry Learning at its best! Each week we will get creative and make some fun and exciting crafts. Some weeks we will learn and create a particular craft together, whilst other weeks we will action our own crafty ideas.			

Activity	Who	Whom	Group size
<b>Production “Now we Know!”</b>	G2-G5	Miss Amy/Mr Murray - Theatre	unlimited
<b>Details:</b> With 8 main roles and over 40 speaking parts this student written play is going to be amazing. All students who register must be prepared to rehearse every Tuesday and Friday after school. Auditions will be held for main rules and speaking parts after everyone has registered for the show. When a storm of moral chaos hits Plug-In-Ville, three siblings are given a prophecy where they must travel through three foreign lands, in the search of the All-Seeing Eye. With the simplest of life's goodness lacking in their world, will they be able to find the answer and restore the source of Joy & Happiness, Love & Gratitude and Friendship & Compassion, in time to save their home?			

Activity	Who	Whom	Group size
<b>Invitation to Play</b>	KG-G5	Miss Jenna – DS107	20 students
<b>Details:</b> That’s right – you are invited to play!!!!So much research shows that we are at our most inquisitive, openness, and ready for learning when we are playing. And even better when we are playing across a range of age groups. Come along and enjoy this relaxed time for you to just play and inquire!			

Activity	Who	Whom	Group size
<b>Drawing</b>	KG-G1	Miss Brianna – CS105	16 students
<b>Details:</b> Learn how to draw by following step by step instructions. Each week children will have a choice of 3 things to draw. Alternatively, children can bring their own drawing projects to work on.			

Activity	Who	Whom	Group size
<b>Stop Motion Movies</b>	G4-G5	Mr. Rae – CS201	15 students
<b>Details:</b> Learn how to create your own stop motion movie. Students can work individually or in small groups and are limited only by their imaginations. Together we will watch and analyse animations to learn the fundamental elements of storytelling.			

Who We Are	Detailed Information
At <b>SSIS English Plus</b> , we offer <ul style="list-style-type: none"> <li>A well-designed programme for systematic English Language development</li> <li>Variety of levels tailored to student needs</li> <li>Academic English Skills Course for advanced students</li> <li>Fun English skills development for the youngest</li> <li>Experienced teachers</li> <li>Coursebooks and learning materials provided</li> </ul>	<u>Courses are:</u>  KG-Grade 4: Saturday 9:00 - 10:30 <b>RMB 3600</b> for 24 sessions from September 2021 to June 2022  Grade 4: Saturday 10:45 - 12:15 <b>RMB 3600</b> for 24 sessions from September 2021 to June 2022  Grade 5 - Grade 6: Saturday 9:00 - 12:00 <b>RMB 7200</b> for 24 sessions from September 2021 to June 2022  Grade 6 - 10: Tuesday & Thursday 17:00 - 18:30 <b>RMB 9900</b> for 66 sessions from September 2021 to June 2022
<b>PARENT ACCESS:</b>	
Important Notice: There is no 6:30pm bus home for weekday English plus sessions  For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.	

WEDNESDAY’S ACTIVITIES– click activity for more info

WEDNESDAY’S ACTIVITIES– click activity for more info					
KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
<u>Rhythmic Gym</u>					
<u>Wild World of Science</u>	<u>Team Games</u>	<u>Basketball</u>			
		<u>Kids Coding Scratch</u>	<u>Basketball YBDL</u>		
	<u>Playdough Fun</u>	<u>Yoga</u>			
<u>Movement Time</u>		<u>Board Games</u>			
<u>Intermediate Swimming Class</u>					



Activity	Who	Whom	Group size
<b>Rhythmic Gym</b>	KG-G1	Miss Carmen – PMP Room	20 students
<b>Details:</b> Floor work, ribbon work, ball and hoop work! This makes rhythmic so fun! A great way to keep our bodies moving and flexible.			

Activity	Who	Whom	Group size
<b>Movement Time</b>	KG-G1	Miss Kathy – DS102	16
<b>Details:</b> Let’s move together – move to music, move to make music, move to express!			

Activity	Who	Whom	Group size
<b>Team Games</b>	G2-G3	Mr. Luke, Mr. Max – ES Gym	20 students
<b>Details:</b> Team Games are fun from hockey to softball to dodgeball. We will play them all in this activity!			

Activity	Who	Whom	Group size
<b>Board games</b>	G4-G5	Ms. Mitra – CS201	20 students
<b>Details:</b> Come along, bring your own games or play the ones we have here – Laptop freezone!!!			

Activity	Who	Whom	Group size
<b>Play Dough Fun</b>	G2 – G3	Ms. Bibiana – CS103	20 students
<b>Details:</b> So much fun – so many thigs we can do with Playdough! You will be surprised!			

Activity	Who	Whom	Group size
<b>Wild World of Science</b>	KG-G1	Ms. Karina – CS102	20 Students
<b>Details:</b> Welcome to the wild world of science. What a wild and exciting world and what better way to explore it than to study it in the eyes of a scientist. In this program, we will examine big questions about space, the human body, the Earth, and relevant laws of physics. We will learn about the history, ask questions, pose hypothesis, and conduct experiments to learn more about the natural and man-made phenomena that makes our world go round."			

Activity	Who	Whom	Group size
YOGA	G4-G5	Ms. Kathy – Dance and Drama Room	15 students
Details: Learn the basics structures and concepts of yoga in these sessions. A great way to unwind and relax whilst taking good care of your body!			


Activity	Who	Whom	Group size
Basketball	G4-G5	Mr. Bert, Mr. Sortwell – ES Gym	40 students
Details: A great preparation activity for learning the basics of basketball: skill-work and gameplay!			

THURSDAY’S ACTIVITIES– click activity for more info

KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
	<a href="#">Dance &amp; Dazzle</a>				
	<a href="#">Freestyle Dance</a>				
		<a href="#">Intermediate/Advanced Tennis – 5:00-6:30pm</a>			
<a href="#">Intermediate Swimming lesson</a>					
			<a href="#">English Plus</a>		
			<a href="#">Dance &amp; Dazzle</a>		
<a href="#">Learn to Swim</a>		<a href="#">Fitness</a>			
		<a href="#">Chinese Culture Studies</a>			
	<a href="#">Kids Coding Robot</a>				


Activity	Who	Whom	Group size
<b>Fitness</b>	G4-G5	Mr. Murray and Miss Michaela – different venues	20 students
<b>Details:</b> Improve your fitness – cardiovascular, muscular, and mobility! Every week will; be different.			

Activity	Who	Whom	Group size
<b>Chinese Culture Studies</b>	G4-G11	Various Chinese teachers – Rooms TBC	40 students
<b>Details:</b> Learn more about China and Chinese culture – groups are small so learning is maximized!			

Who We Are	Detailed Information	Teacher Introduction:
Instructor: NaNa Teaching age: 10 Dance Style: Hip-Hop Jazz Funk Choreography K-POP  	<b>Suitable for: Grade 2 to Grade 10</b>  <b>Venue: Dance Studio 2</b>  <b>Maximum Class Size: 20    Minimum Class Size: 5</b>  <b>Class Type:</b> <ul style="list-style-type: none"> <li>Grade 2 -5: Thursday 3:30 – 5:00pm (10 sessions: 800 RMB)</li> <li>Grade 6 – 10: Thursday 5:00 – 6:00pm (10 sessions: 800 RMB)</li> </ul> <b>First Session:</b> Thursday 31 March 2022  <b>Transport &amp; Supervision:</b> Participants must make their own way to and from the activity at the designated times.	Introduction Ms. Nana experience: Graduated from the Art Department of Chongqing University Director of Suzhou Zhenwuguan Dance Studio 2015 Jiang Xiaobai's Qi Dance Second Prize in Chongqing Division 2016 WOD South China Qi Dance runner-up 2018 Master Class Refresher Course Lyle Beniga /Sienna /Sorah Young and many other international masters 2019-2020 Shanghai Hangzhou Wuhan Lecture 2021 Old-Dog Discipleship Learning
PARENT ACCESS:		
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Who We Are - Free style Dance	Detailed Information	Other Costs & Things You Need:
<div data-bbox="195 241 635 896" data-label="Image"> </div> <div data-bbox="700 258 1335 798" data-label="Text"> <p><b>INLIVE-YOUNG</b></p> <p><b>GROUP INTRODUCTION</b></p> <p>INLIVE YOUNG DANCE Training is belong to <b>INGYM</b> group. INGYM is concentrating on wellness industry, who has about 200 gyms across the whole China, in Suzhou alone there are 53 gyms. INLIVE YOUNG is INGYM's Children Industry which includes INLIVE YOUNG DANCE and INLIVE YOUNG BASKETBALL. INLIVE YOUNG Dance Training Center was started since 2011, and now has trained about 10,000 children during the 8 years. INLIVE YOUNG has Ballet Class, Chinese Dance Class, Latin Dance Class and body shape training courses, we can satisfy most children. As a designated location for dance grading test, we have acquired excellent title for Children Dance Training.</p> </div>	<p><b>Suitable for:</b> Grade 2-5. <b>Venue:</b> Dance Studio 1</p> <p><b>Maximum Class Size:</b> 16 <b>Minimum Class Size:</b> 5</p> <p><b>Class Type:</b></p> <ul style="list-style-type: none"> <li>Thursdays 3:45 pm- 4:45 pm (10 sessions: 800 RMB)</li> </ul> <p><b>First Session:</b> Thursday 31 March 2022</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"> <li>Name: Zax Zhou</li> <li>Phone: 18114518156</li> <li>Email: zxx91@qq.com</li> </ul> <p><b>Transport &amp; Supervision:</b></p> <p>No bus transport provided. Participants must make their own way to and from the activity at the designated times.</p>	<p>Clothing &amp; footwear appropriate to exercise in e.g., shorts/exercise tights &amp; t shirt/singlet, sports shoes, workout towel.</p>
<p><b>PARENT ACCESS:</b></p>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p>		

Who We Are	Detailed Information	Teacher Introduction:
<p><b>SingArts Choir</b></p> <p>SingArts Choir is a showcase choir. Students will build their confidence, cooperation skill, get singing techniques and performance experience through our joyful choir training course. Repertoire will focus on unison and 2 parts for primary school students, 3 parts,4 parts and acappella for middle school students. Choir works are selected from Disney, Broadway and some other famous kids' and young teenagers' music theaters. Teacher Sindy Chu, got master's degree in music performance and bachelor's degree in music education. She taught music in MOE Singapore since 2008, has rich experience in teaching choir, vocal and piano course. Welcome to join our choir course.</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"><li>• Name: Ms. Sindy Chu</li><li>• Phone: 13002109683</li><li>• Email: <a href="mailto:music@eeboedu.com">music@eeboedu.com</a></li></ul> 	<p><b>Suitable for: Grade 2 to Grade 5</b></p> <p><b>Venue: BS201</b></p> <p><b>Maximum Class Size: 30    Minimum Class Size: 5</b></p> <p><b>Class Type:</b></p> <ul style="list-style-type: none"><li>• Grade 2 -5: Thursday 3:30 – 5:00pm (10 sessions: 1,500 RMB)</li></ul> <p><b>First Session:</b> Thursday 31 March 2022</p> <p><b>Transport &amp; Supervision:</b> Participants must make their own way to and from the activity at the designated times.</p>	<p>Ms. Sindy Chu</p> <p>Doctor Degree (DBA) in Education Management of ISTECH Paris France.</p> <p>Ms. Sindy Chu graduated from Jiangsu Normal University in 2008, Full time, get Bachelor's Degree of Arts. Major is Music Education. Master of London Trinity College. Major is Music Performance. And she also has Certificates of ABRSM Theory G8 and Vocal G8.</p> <p>Now she is the president of Music Education Association of Singapore. Soprano of Singapore Lyric Opera, member of Musicians society of Singapore and a MOE registered teacher in Singapore and China. Founder and Director of EEBO Music Pte Ltd. Music Director of Singapore Arts Pte Ltd. Founded SingArts Choir since 2016.</p>
<b>PARENT ACCESS:</b>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p> <p>For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>		


FRIDAY’S ACTIVITIES– click activity for more info					
KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
<a href="#">H3 Beginner Tennis</a>					
		<a href="#">Smash Badminton Intermediate/Advanced – 5:00pm-6:30pm</a>			
<a href="#">Learn to Swim</a> <a href="#">Intermediate Swim class</a>					
	<a href="#">Kids Yoga</a>				
	<a href="#">Cheerleading</a>				
	<u>Production- Now We Know!</u>		<a href="#">Swimming</a>		
	<u>K4E</u>				
		<a href="#">Kids Coding Python</a>			

Activity	Who	Whom	Group size
<b>K4E</b>	G2-G8	Miss Kinneri/Miss Fernanda - <b>DS304</b>	25
<b>Details:</b> Kids for the Environment or K4E has been a service group in Primary for Grades 2 to 5 for the last 4 years. This year we are inviting Grades 2 – 8 to join our group. The K4E vision is to create a lasting change among <b>people, animals and plants</b> in our environment. We undertake projects that enable us to make a difference in the environment by leading and advocating for the 5Rs - <b>Refuse, Reduce, Reuse, Repurpose, and Rot</b> . Every year, we form a group of committed and driven elementary students and staff who are passionate in making a positive difference for our planet Earth by <b>creating awareness, taking action</b> and <b>advocating</b> to other community members the good approaches towards <b>caring for the environment</b> within our school, local and global community. This year, we invite primary and middle school students who believe with a passion in taking care of our environment as well as develop their <b>leadership</b> skills, <b>communication</b> skills and <b>team building</b> skills, to sign up for K4E. As any change takes time and commitment to develop and transpire, we encourage students to sign up for the <b>whole year</b> .			


Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Cheerleading</b></p> <p>Cheerleading, a quite new sport, is a combination of gymnastics, dance, music, fitness, entertainment of the multi-team sports. It is very popular in schools all over the world. In this programme, students will learn the relevant knowledge and skills of cheerleading and then work together as a team to complete the cheerleading performance.</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"><li>• Name: Susan Liu</li><li>• Phone: 15851478878</li><li>• Email: 522518562@qq.com</li></ul>	<p><b>Suitable for:</b> Grade 2-5.</p> <p><b>Venue:</b> Dance Studio 1</p> <p><b>Maximum Class Size:</b> 16</p> <p><b>Minimum Class Size:</b> 5</p> <p><b>Class Type:</b></p> <ul style="list-style-type: none"><li>• Fridays 3:45 pm- 4:45 pm (10 sessions: 1,250 RMB)</li><li>• Saturdays 10:30 am-12:00 pm (8 sessions: 1,000 RMB)</li></ul> <p><b>First Session:</b> Friday 1 April 2022</p> <p><b>Transport &amp; Supervision:</b> Participants must make their own way to and from the activity at the designated times.</p>	<p>Clothing &amp; footwear appropriate to exercise in e.g. shorts/exercise tights &amp; t shirt/singlet, sports shoes, workout towel.</p> 
<b>PARENT ACCESS:</b>		
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p> <p>For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>		



SATURDAY AND SUNDAY’S ACTIVITIES– click activity for more info					
KG-G1	G2-G3	G4-G5	G6-G8	G9-G10	G11-G12
<a href="#"><u>SingArts Group Piano Performance (Saturday)</u></a>					
<a href="#"><u>Learn to Swim – (Sunday)</u></a> <a href="#"><u>Intermediate Swimming lesson – (Sunday)</u></a>					
<a href="#"><u>Deehero Football Training – (Sunday)</u></a>					
<a href="#"><u>English Plus (Saturday)</u></a>					
<a href="#"><u>Taekwondo – (Saturday)</u></a>					
<a href="#"><u>Gymnastics – (Saturday)</u></a>	<a href="#"><u>Kids Coding (Saturday)</u></a>				
	<a href="#"><u>Cheerleading – (Saturday)</u></a>				

Who We Are	Detailed Information	Other Costs & Things You Need:
<p><b>Gymnastics</b></p> <p>Gymnastics is a skilled exercise that helps you to develop strength and coordination. Supported by the special expert team of Jiangsu Gymnastics Association, the teaching team and course content can be provided professionally and efficiently.</p> <p>The course content is safe and interesting, allowing students to learn gymnastics exercises in a vivid and interesting way. Gymnastics course includes physical fitness sports, soft coordination exercises, and various professional gymnastics movements, and a step-by-step teaching system from simple to difficult.</p> <p>Come and join us! Let’s jump, roll, spin, and have fun together!</p> <p><b>Instructor:</b></p> <ul style="list-style-type: none"><li>• Name: Susan Liu</li><li>• Phone: 15851478878</li><li>• Email: 522518562@qq.com</li></ul>	<p><b>Suitable for: Age 3-6</b></p> <p><b>Venue:</b> Fitness Room in Secondary Gym</p> <p><b>Maximum Class Size:</b> 10</p> <p><b>Minimum Class Size:</b> 5</p> <p><b>Class Type:</b></p> <ul style="list-style-type: none"><li>• Saturdays 10:30 am-12:00 pm (8 sessions: 1,000 RMB)</li></ul> <p><b>First Session:</b> Saturday 2 April 2022</p> <p><b>Transport &amp; Supervision:</b> Participants must make their own way to and from the activity at the designated times.</p>	<p>Clothing &amp; footwear appropriate to exercise in e.g. shorts/exercise tights &amp; t shirt/singlet, sports shoes, workout towel.</p> 
<b>PARENT ACCESS:</b>		
For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.		

# Musical Instrument Lessons:

Who We Are	Detailed Information
<p><b>Violin (Tutor: Jiaxin Ge)</b></p> <p>Jiaxin Ge started to play Violin since she was 7 years. She graduated from Soochow University majored in Music Performance - Violin. She studied under Xinyu Song who graduated from Juilliard School for 4 years.</p> <p>She has rich experience of performing in orchestras. She started her career of teaching since 2016. She enjoys teaching and mentoring students to help them achieve their highest potential.</p> 	<p><b>Suitable for:</b> Students age 5-18</p> <p><b>Venue:</b> SSIS Music Room - BS214</p> <p><b>Class Types:</b> 30-minute lessons</p> <p>1. Beginner Lessons (0-2 years experience)</p> <ul style="list-style-type: none"><li>• Individual lesson (10 sessions: 1,800 RMB)</li><li>• 2-student lesson (10 sessions: 1,100 RMB each)</li></ul> <p>2. Intermediate Lessons (2-4 years' experience)</p> <ul style="list-style-type: none"><li>• Individual lesson (10 sessions: 1,800 RMB)</li><li>• 2-student lesson (10 sessions: 1,100 RMB each)</li></ul> <p>Please note that 2 student lessons are only available where 2 students of similar ability can be scheduled successfully. We will contact you if any problems occur.</p> <p><b>Day &amp; Time of Sessions:</b> Lessons will be held during school hours and/or directly after school between 3:30 – 5:00 pm. After registrations have closed we will advise students of their lesson schedule and music room. Elementary student lessons will typically be at a set time once per week. Secondary student lessons may be rotated to avoid affecting the same subject each week. To discuss the option of an out of school hours lesson please email <a href="mailto:activities@mail.ssis-suzhou.net">activities@mail.ssis-suzhou.net</a></p> <p><b>First Session:</b> In the week beginning 28 March 2022</p> <p><b>Other Costs &amp; Things You Need:</b> You need to bring your own instrument. Please contact the instructor for instrument rental/purchase advice.</p> <p>Instructor:</p> <ul style="list-style-type: none"><li>• Name: Jiaxin Ge</li><li>• Phone: 15850150284</li><li>• <a href="mailto:15850150284@163.com">Email: 15850150284@163.com</a></li></ul> <p><b>Transport:</b> If your child has a lesson after school and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson. Students in Grade 1 or below cannot catch the bus and must be collected by parents.</p> <p><b>Supervision/Obligations:</b> Both Elementary &amp; Secondary students should implement their own lesson reminder system, and so must remember and then make their own way to lessons. SSIS will ask instructors to promptly inform us if students do not arrive at their scheduled lessons.</p> <p>For Elementary students who have not attended these music or vocal lessons before, an SSIS staff member will guide the student to their first lesson (showing them how to get to the music room).</p>

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<p><b>Piano Tutor: Silvia Yao</b></p> <p>Silvia is currently pursuing her Masters of Piano Performance degree at the Shanghai Conservatory of Music, she holds a Bachelor of Music Education degree from Suzhou University, School of Music.</p> <p>She started learning to play the piano at the age of five with prizes in several piano competitions home and abroad.</p> <p>She is also an experienced piano and wind teacher, passionate about teaching young children in Music. She has been teaching SSIS kids piano for 6 years, kids love her for her talented piano skills and caring heart</p> <ul style="list-style-type: none"><li>• Name: Silvia Yao</li><li>• Phone: 158 5015 0284</li><li>• Email: <a href="mailto:15850150284@163.com">15850150284@163.com</a></li></ul> 	<p><b>Suitable for:</b> Students age 5-18 &amp; Adult students also welcome. <b>Venue:</b> SSIS Music Room - BS218.</p> <p><b>Class Types:</b> 30-minute lessons</p> <p>1. Beginner Lessons (0-2 years experience)</p> <ul style="list-style-type: none"><li>• Individual lesson (10 sessions: 2,000 RMB)</li><li>• 2 student lesson (10 sessions: 1,200 RMB each)</li></ul> <p>2. Intermediate Lessons (2-4 years experience)</p> <ul style="list-style-type: none"><li>• Individual lesson (10 sessions: 2,000 RMB)</li><li>• 2 student lesson (10 sessions: 1,200 RMB each)</li></ul> <p>Please note that 2 Student Lessons are only available where 2 students of similar ability can be scheduled successfully. We will contact you if any problems occur.</p> <p><b>Day &amp; Time of Sessions:</b> Lessons will be held during school hours and/or directly after school between 3:30 – 5:00 pm. After registrations have closed we will advise students of their lesson schedule and music room. Elementary student lessons will typically be at a set time once per week. Secondary student lessons may be rotated to avoid affecting the same subject each week. To discuss the option of an out of school hours lesson please email <a href="mailto:activities@mail.ssis-suzhou.net">activities@mail.ssis-suzhou.net</a></p> <p><b>First Session:</b> In the week beginning 28 March 2022</p> <p><b>Other Costs &amp; Things You Need:</b> Piano students should have a piano at home to practice with. Woodwind students should bring their own instrument. You may also contact the instructor for instrument rental/purchase advice.</p> <p><b>Transport:</b> If your child has a lesson after school and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson. Students in Grade 1 or below cannot catch the bus and must be collected by parents.</p> <p><b>Supervision/Obligations:</b> Both Elementary &amp; Secondary students should implement their own lesson reminder system, and so must remember and then make their own way to lessons. SSIS will ask instructors to promptly inform us if students do not arrive at their scheduled lessons.</p> <p>For Elementary students who have not attended these music or vocal lessons before, an SSIS staff member will guide the student to their first lesson (showing them how to get to the music room).</p>
<b>PARENT ACCESS:</b>	
<p>If your child has an activity after school (between 3:30 - 5:00 pm) and they are in Grade 2 or above they may catch the 5:00 pm activity bus home. However please note this bus runs from Tuesday to Friday, but not on Mondays. Parents will have to provide transport home if their child has a Monday after school lesson or younger than Grade 2.</p> <p>For weekend activities parents can enter with their children via Gate 3 on Zhong Yuan Lu. Temperature checks and Health Codes are required. We require parents to move directly to their activity space and not move around the school. SSIS Security staff will ask those in the wrong spaces to move back to the activity area.</p>	

