

Lunch Program

Lunch is seen as an important part of the day at SSIS. Studies show students that are given enough time to eat do better in class, are more focused and are overall better learners. Daily menus are thoughtfully prepared with both nutritional guidelines and taste in mind. For our younger students a well-balanced meal is offered daily and always includes plenty of fresh fruits, vegetables and protein. Our older students are able to choose from a wide variety of international cuisine. Whether it is a perfectly toasted sandwich, our famous bibimbap that uses one of our mom's secret kimchi recipes or local Suzhou pork noodles, there is something for everyone. Sample menus can be found on our website.

Students are also welcome to bring a packed lunch every day. Please keep in mind we are a nut-free school and request you refrain from packing any food items that may contain nuts.

Early Learning Center (ELC) - Grade 2

Pre-Nursery to Grade 2 students eat lunch in either our Early Years Dining Room or our Lower Canteen. Because we understand our littlest learners cannot always wait until lunchtime, all of our students enjoy a morning snack break at 10:30 every day. Full-day Nursery to Pre-Kindergarten students also enjoy an afternoon snack at 3:00, before being dismissed for the day. Students from ELC to Grade 2 will not require a SSIS Card for meals; instead, their Sodexo accounts will be debited based on daily lunch attendance provided by the school.

Grades 3 - 12

Students in Grades 3 to 12 eat lunch in our Upper Canteen. Each day they are able to make their own choice from the wide range of international options we offer. Full daily meal costs range from 30 - 43 RMB each day with morning snack costing between 4-8 RMB and lunch choices costing between 26 - 39 RMB. Students have control over their Sodexo accounts on the SSIS Card that work on a declining balance.

SSIS Grade Level	Meals Available	Price per Day	Annual Cost (RMB)
ELC 1 (Half Day)	Morning Snack	4	704
ELC - Kindergarten	Morning Snack, Lunch and Afternoon Snack	27	4,752
Grade 1-2	Morning Snack and Lunch	28.5	5,016
Grade 3 - Grade 5	Morning Snack and Lunch	30 - 43	5,280 - 7,568
Grade 6 - Grade 12	Morning Snack and Lunch	30 - 43	5,280 - 7,568

Lunch Payment Options

Our lunch program is in partnership with Sodexo, the worldwide leader in school lunch providers. All Sodexo lunch accounts are loaded on the students' SSIS Card and work as a declining balance system. Accounts can be loaded in person or remotely via WeChat or AliPay. Sodexo accepts cash, AliPay, WeChat and Chinese Credit Cards or Bank Cards.